

Sleaford Wheelers Cycling Club Charity 10TT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations In aid of Kidney Research UK Date: Saturday 8th April Start: 2pm Course: C10/10

Event Secretary: Julie Close, 38 High Street, Helpringham NG34 ORA **Phone**: 01529 421999 or 07747 500289 on the day.

Timekeepers: Sharon Fensom, Spalding CC and Steve Walker, Lincoln Wheelers CC **Signing on**: Julie Close and Celia Human, Sleaford Wheelers CC

Thank you for entering this year's Sleaford Wheelers Cycling Club Charity 10 Time Trial. Each year we use this event to raise much-needed funds for a charity which is close to our hearts. This year we have chosen to support **Kidney Research UK**, which relies heavily on donations from people like us to save the lives of those affected by kidney diseases.

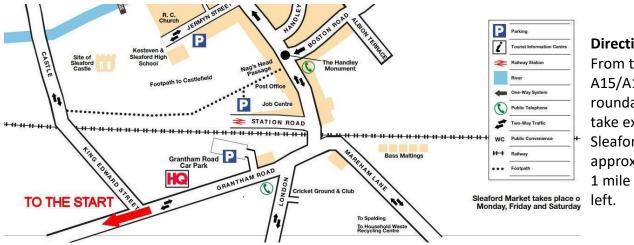
We look forward to seeing you back at the HQ afterwards for some well-earned tea and cake!

Event Information

Event HQ

The Event HQ is St Botolph's Community Hall, Grantham Road, Sleaford, NG34 7NW which will be open for signing on from 1pm. <u>https://what3words.com/form.decreased.universally</u>

We would like to take this opportunity to ask that you do not park in front of the Event HQ and instead use the car park on Grantham Road. We would like to continue to use St Botolph's Church Hall for future events and for this reason we need to make sure we don't upset the local residents!



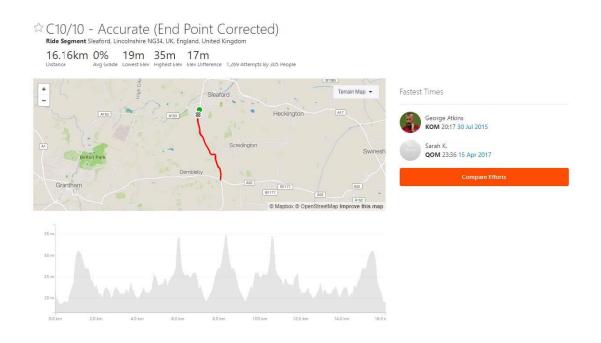
Directions: From the A15/A153 roundabout take exit to Sleaford. HQ is approximately 1 mile on the left



Course Details

To get to the start from Event HQ go right towards Grantham. Take the first exit at Quarrington roundabout onto the A15. The start is approximately half a mile along on the left.

C10/10: Start on A15 Sleaford Bypass 0.25 miles South of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 through Osbournby to Roundabout (A15/A52). Encircle Roundabout and retrace along A15 to Finish approximately 80 yards short of lay-by sign (approximately 1 mile going south) and 0.32 miles short of the Start.



Award Details

There will be no cash prizes for this event as all profits are going towards our nominated charity, **Kidney Research UK.** However, there will be chocolate Easter Egg prizes presented to winners once all results are in. One prize per rider rule applies.

1 st Female	2 nd Female	3 rd Female
1 st Male	2 nd Male	3 rd Male
1 st Espoir	1 st Under 18	
1 st Vet on Standard	2 nd Vet on Standard	3 rd Vet on Standard
1 st SWCC Female	2 nd SWCC Female	
1 st SWCC Male	2 nd SWCC Male	
1 st SWCC Vet	1 st Female Road Bike	1 st Male Road Bike

Plus the "organiser's eggscellence" award!



Rules and Regulations

Numbers

These will be issued when signing on and must be returned when signing back in (Reg. 17b).

The number shall be centrally positioned below the rider's waist, so as to be clearly visible from the rear when in his/her normal riding position.



Restrictions.

There must be no warming up on the course once the event is in progress. U turns are not permitted in the vicinity of the Start and Finish areas. No head/earphones are permitted, except for hearing aids (Reg. 19). Please call your number out upon completing your ride and continue to the HQ.

Please remember to sign back in.

Regulation 14

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard

Head Down Riding Can Be Fatal please keep your eyes on the road

Sleaford Wheelers Cycling Club wish you all a safe and successful ride.



AFORD WHEEL

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Num	Off	Name	Club	Gen	Cat
1	14:01	Chris Close	Sleaford Whs	М	Vet
2	14:02	Paula Bellaby	Sleaford Whs	F	Vet
3	14:03	Sally Withey	Swift Racing	F	Vet
4	14:04	Helen Bullement	Sleaford Whs	F	Vet
5	14:05	Michael Church	Rocking'm F'st Whs	М	Vet
6	14:06	lain Bailey	Sleaford Whs	М	Vet
7	14:07	Georgia Lancaster	Brother Uk	F	Jun
8	14:08	John Crust	Sleaford Whs	М	Vet
9	14:09	Roger Sewell	Wisbech Whs	Μ	Vet
10	14:10	Suzanne Cole	Sleaford Whs	F	Vet
11	14:11	lan Aunger	Fenland Clarion CC	М	Vet
12	14:12	Fiona Lindley	Sleaford Whs	F	Vet
13	14:13	Graham Bickle	Kings Cliffe Flyers	М	Vet
14	14:14	Andy Cole	Sleaford Whs	М	Vet
15	14:15	Matthew Chappell	Spalding CC	М	Sen
16	14:16	David Smith	Sleaford Whs	М	Vet
17	14:17	Mick Stevens	Melton Olympic CC	М	Vet
18	14:18	Kathryn Smith	Sleaford Whs	F	Vet
19	14:19	Simon Wright	Spalding CC	М	Vet
20	14:20	Gavin Culshaw	Sleaford Whs	М	Vet
21	14:21	Carol Milne	Witham Whs	F	Vet
22	14:22	Ben Marsters	Sleaford Whs	М	Sen
23	14:23	Andy Newham	Lincoln Whs	М	Vet
24	14:24	Emily Marshall	Sleaford Whs	F	Sen
25	14:25	Andrew Bowser	Spalding CC	М	Vet
26	14:26	Devon Morgan	Sleaford Whs	Μ	Esp
27	14:27	Martin Wood	VTTA North Mids	Μ	Vet
28	14:28	Kerri Foster	Sleaford Whs	F	Vet
29	14:29	Jacob Booth	Spalding CC	Μ	Juv
30	14:30	Anthony Hernon	Sleaford Whs	М	Vet
31	14:31	Madeleine Gammons	Loughborough L'ing	F	Sen
32	14:32	Mark Booth	Spalding CC	М	Vet
33	14:33	David Mason	Lincoln Whs	М	Vet
34	14:34	Nigel Johnson	Sleaford Whs	М	Vet
35	14:35	Matthew Sewell	Beeston RC	М	Vet
36	14:36	Keely McNiffe	Sleaford Whs	F	Sen

EAFORD WHEEL

Num	Off	Name	Club	Gen	Cat
37	14:37	Loz Staples	Spalding CC	М	Vet
38	14:38	Dave Ashley	Sleaford Whs	М	Vet
39	14:39	Michael Smalley	Witham Whs	М	Vet
40	14:40	Samuel Howes	Sleaford Whs	М	Esp
41	14:41	Simon Inman	OVB	М	Vet
42	14:42	Richard Kettleborough	Velo Club Lincoln	М	Vet
43	14:43	Peter Cocker	Richardsons-Trek RT	М	Sen
44	14:44	Verity Miles	Fenland Clarion CC	F	Vet
45	14:45	Jim Boyle	Sleaford Whs	М	Vet
46	14:46	Henry Higgins	Caesarean CC	М	Esp
47	14:47	Stuart McKellar	Sleaford Whs	М	Vet
48	14:48	Sean Hunt	Lincoln Whs	М	Vet
49	14:49	Evgeniya Righini-Brand	Sleaford Whs	F	Sen
50	14:50	Gareth Richards	Spalding CC	М	Vet
51	14:51	Jez Willows	Sherwood CC	М	Vet
52	14:52	Michael Ward	Lincoln Whs	М	Vet
53	14:53	Karl Baillie	Witham Whs	М	Sen
54	14:54	Beth Wilmot	Sleaford Whs	F	Vet
55	14:55	Martin Perrett	Team Ohten Aveas	М	Vet
56	14:56	Joanne Howes	Sleaford Whs	F	Vet
57	14:57	Martin Fisher	Melton Olympic CC	М	Vet
58	14:58	Michael Lamb	Kiveton Park CC	М	Vet
59	14:59	Dominic Righini-Brand	Sleaford Whs	М	Sen
60	15:00	Rob Keep	Louth Tri Club	М	Vet
61	15:01	Neil Palmer	Spalding CC	М	Vet
62	15:02	Wayne Hill	Bourne Whs	М	Vet
63	15:03	Andy Thomas	Lindsey Roads CC	М	Vet
64	15:04	Connor Wilkinson	Boston Whs	М	Jun
65	15:05	Ian Guilor	Mapperley CC	М	Vet
66	15:06	Neil Winter	Lincoln Whs	М	Vet
67	15:07	Jack Levick	Rose Race Team	М	Sen
68	15:08	Simon Cocker	Witham Whs	М	Vet
69	15:09	Jacob Storey	TrainSharp	М	Sen
70	15:10	Frazer Wallis	Spalding CC	М	Vet
71	15:11	Mark Greenwood	Lungs 2 Legs	М	Vet